

GO DEEPER

use these questions for further study

Use the following questions below for individual or group study. Begin in prayer, inviting the Spirit to speak during this time.

Share with the Group

What is a healthy habit in your life that you've been able to sustain long-term?
How did you start it? How have you maintained it? Has it always been easy?

Read Luke 9:23-25

What stands out to you from this passage?
What does Jesus mean by gaining the world but losing yourself?
Why do you think Jesus talks about picking up your cross daily?
What does this imply about what it means to follow Jesus?
How is taking up a cross daily to follow Jesus different from salvation by works?

Read 1 Corinthians 10:31

Does this mean that everything we do can be for God's glory? Why/why not?
How can this verse change our approach to the "ordinary" things of life?

Read 1 Corinthians 15:9-10 and Acts 20:24

What is Paul saying in these passages?
How does he hold God's grace and his own efforts together?
How do these passages relate to what Jesus says about taking up your cross?
What do these passages teach us about perseverance as disciples?

Talk About It

Pastor Adam named 3 enemies of persevering in daily discipleship: the Couch (comfort), the Phone (distraction), and the Wall (quitting).
Where do you see each of these in the world and in your own life?
Why are they so attractive? Why are they so dangerous?
Is there one that you are particularly struggling with in this season of life?

Live It Out!

What cross is Jesus asking you to take up for him?
How can you obey and persevere in daily faithfulness?
Are there specific disciplines, practices, or prayers which might help?

Close in Prayer by praying the Lord's Prayer together.

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