

## GO DEEPER

use these questions for further study

---

**Pray** the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

### Share with the Group

- What do you think of when you hear the word worship?
- What are 1 or 2 of the most worshipful experiences you've had?
- How would you define/describe worship?
- What distinguishes Christian worship from other forms of worship?
- Why is worship important?

### Read Psalm 95 1-7 & Psalm 100

What do these passages teach us about worship?

**Reflect on the Sermon** - Pastor Adam highlighted four things which should define our worship: Awe, Abandon, Intimacy, and Faithfulness. As a group, consider each one of these. What is it? When have you experienced it? Why is it an important part of worship? What gets in the way of it?

**Practice It!** - Pastor Adam gave specific spiritual disciplines to help foster a life of worship. Choose at least 1 that you will start practicing. If you need help getting started, talk to one of the pastors or someone in your small group.

**Awe** - spend intentional time in creation experiencing the majesty of God's world. Then read a Psalm out loud (try Psalm 19, 104, or 148).

**Abandon** - invite the Holy Spirit to illuminate your imagination and memory. What is something you've felt prompted to do in worship but resist out of fear, shame, anxiety, or peer pressure? Ask yourself "Who cares?" and remember that you perform only for God.

**Intimacy** - engage in the practices of solitude and silence. Participate in a Retreat of Silence at church, or set aside time & space on your own.

**Faithfulness** - establish patterns of faithfully showing up to worship. Start at #1 and slowly work up to #3

1. regular church attendance (in person when possible)
2. daily prayer (use the Psalms or a prayer book to help)
3. prayer of the hours (praying multiple times a day at set times)

**Close** by reading **Psalm 27** as a prayer and praise

---

## GO DEEPER

use these questions for further study

---

**Pray** the Lord's Prayer together or individually to begin the time (Mtt 6:9-13).

### Share with the Group

- What do you think of when you hear the word worship?
- What are 1 or 2 of the most worshipful experiences you've had?
- How would you define/describe worship?
- What distinguishes Christian worship from other forms of worship?
- Why is worship important?

### Read Psalm 95 1-7 & Psalm 100

What do these passages teach us about worship?

**Reflect on the Sermon** - Pastor Adam highlighted four things which should define our worship: Awe, Abandon, Intimacy, and Faithfulness. As a group, consider each one of these. What is it? When have you experienced it? Why is it an important part of worship? What gets in the way of it?

**Practice It!** - Pastor Adam gave specific spiritual disciplines to help foster a life of worship. Choose at least 1 that you will start practicing. If you need help getting started, talk to one of the pastors or someone in your small group.

**Awe** - spend intentional time in creation experiencing the majesty of God's world. Then read a Psalm out loud (try Psalm 19, 104, or 148).

**Abandon** - invite the Holy Spirit to illuminate your imagination and memory. What is something you've felt prompted to do in worship but resist out of fear, shame, anxiety, or peer pressure? Ask yourself "Who cares?" and remember that you perform only for God.

**Intimacy** - engage in the practices of solitude and silence. Participate in a Retreat of Silence at church, or set aside time & space on your own.

**Faithfulness** - establish patterns of faithfully showing up to worship. Start at #1 and slowly work up to #3

1. regular church attendance (in person when possible)
2. daily prayer (use the Psalms or a prayer book to help)
3. prayer of the hours (praying multiple times a day at set times)

**Close** by reading **Psalm 27** as a prayer and praise

---

## SERMON NOTES

---

## SERMON NOTES

---