

## GO DEEPER

use these questions for further study

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*Use the following questions below for individual or group study.*

**Pray** the Lord's Prayer together or individually (Mtt 6:9-13).

**Share** with the group about your favorite kind of bread.

### Read Exodus 16:1-36

What stands out to you from this story?

What do you notice about how the Israelites behave?

What does this reveal about their understanding of YHWH-God?

How do you think they changed after 40 years of manna?

What does this story teach us about who God the Father is?

**Consider** the following questions:

Why do we pray to the Father for daily bread?

How does this prayer help us realize that our entire life (and all creation!) depends on the Father's generosity?

How does this prayer foster gratitude?

How does it teach us to look toward God for physical & spiritual bread?

How does God provide for our daily physical needs?

(see Psalm 104:10-15; Lev 19:9-10; 2Thess 3:10-12)

Why does Jesus teach us to ask only for what we need each day?

(see Pr 30:8-9; Mtt 6:19-34; 1Tim 6:6-10)

What does the Father want us to do for those who don't have "bread" and are unable to work for it?

(see 1Tim 5:3-8; Heb 13:1-3 & 16; 1John 3:16-18)

**Reflect** on your own life and Jesus' instruction to ask the Father for daily bread.

Where do you struggle to trust the Father? Why?

What do you need from the Father right now?

How can you expand your prayer beyond yourself to include others?

Where/how is the Father asking you to share bread with others?

**Close** your time in prayer.

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