use these questions for further study

Use the following questions below for individual or group study. Begin in prayer, inviting the Spirit to speak during this time.

Share with the group how forgiveness has been part of your life this week. Did someone forgive you? Did you need to forgive someone? Did you forgive in a new way or with new understanding?

Reflect on what Pastor Adam taught about forgiving God:

Why do people sometimes hold a grudge against God? Why is it impossible to forgive God?

Why is it important to understand that God never needs forgiveness? Despite all this, why can it be helpful to use the imperfect language of "forgiving" when talking about how we relate to God?

Does the distinction of "objective forgiveness" and "forgiveness as an emotional process" make sense to you? Describe the difference. Do you have a personal story of "forgiving" God?

Read 1 Samuel 1:1-20

What do you imagine Hannah's experience was like?
Make a list of all the complaints Hannah could have.
Was Hannah right to be upset in life?
Was Hannah right to be upset at YHWH-God? Why/why not?
We don't know just what Hannah prayed, but what do you imagine she might have said? What would you have said?
In vs 16 Hannah says she prayed from "the depth of my anguish and resentment." What does this mean? Have you ever prayed this way?
What happens to change Hannah's heart?

What does Hannah release? What does she keep?

Consider what Pastor Adam said about the Gospel being a good news promise that we will be made whole. How does our future hope help us now?

Live It!

Are you in a hard season of waiting? Bring it to God in prayer. Be honest with how you feel. Invite others to pray with you.

Are you holding a grudge against God? Tell God about it. He already knows what you think, so open up and tell him all of it, don't hold back; use Psalm 88 as a prayer if you need help finding words.

Close by praying the Lord's Prayer (Matthew 6:9-13).

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