

GO DEEPER

use these questions for further study

Use the following questions below for individual or group study. Begin in prayer, inviting the Spirit to speak during this time.

Read Ephesians 5:1-21

What does it mean to be an imitator of God? Is it even possible? How? Notice all the ways Paul use the word walk. What stands out to you? Why do you think he uses this term?

What does it mean to walk in love, or walk in light? Be specific.

How does this passage contrast life in Christ with our previous lives?

What encouragement does this passage give in fighting temptation?

What we feed grows, What we starve dies.

Where do you see this truth played out in daily life?

Consider a specific Christian virtue. What feeds it? Be specific.

Consider that same virtue, how would you starve it?

Why isn't it enough only to starve sin, why must we feed righteousness?

Start with Prayer Why is prayer so important? How does prayer feed us?

What is your prayer life currently like? What are your prayer habits?

Is there a prayer you find particularly helpful when tempted?

What is one practical way you can grow in your prayer life?

Eat with the Right Company Paul says bad company corrupts (1Cor 15:33-34)

Do you agree? Why/why not? How have you experienced this?

Why does it matter who we let influence us?

How do we balance the need to evangelize with the need to avoid people who lead us into temptation? What is the role of wisdom here?

Is there company you need to cut from your life, or invite into your life?

Feast on the Word Read John 1:1-5: What does this teach about the Word?

Read John 6:35-66. What does Jesus (the Word) say about himself?

How did people respond to what Jesus said? Why do you think they were offended by his teaching? Are people still offended by Jesus' insistence that we must feast on him? Why? What about you?

Consider the 3 means of receiving the Word (scripture, sacrament, and proclamation). How are they similar or different? Which do you find easiest to feed on? Which do you need to grow in practicing? How can you take practical steps to feed on Jesus more regularly?

Close by using **Psalm 130** as a prayer.

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