

**Sermon Notes** 

Sunday Sept 5, 2021

Pastor Adam Christian | First Covenant Church, River Falls | www.rfcov.org

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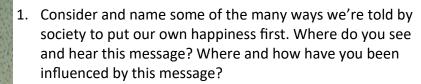


- 1. Consider and name some of the many ways we're told by society to put our own happiness first. Where do you see and hear this message? Where and how have you been influenced by this message?
- 2. What makes slogans like "you do you," "YOLO," "follow your heart," "you deserve it," and "satisfaction guaranteed" so popular? What deeper desires do they speak to?
- 3. Think about times you put the pursuit of your own happiness above everything else. What was your experience? How did it impact other people? What were the long-term fruits of doing this (positive and negative)?
- 4. Read Philippians 2:1-11 and Ecclesiastes chapter 2. What do these passages teach about the pursuit of happiness and putting our own desires first?
- 5. Why do we sometimes think holiness equals unhappiness? Read Jeremiah 17:5-9 and consider: where happiness (blessedness) comes from; why following your heart is dangerous; the paradox of finding destruction in the things of man and blessedness in the things of YHWH and how this compares to Jesus' teaching in Matthew 16:24-27
- 6. Are there areas of your life where you are looking for happiness in the wrong places? What would it look like for you to begin pursuing holiness in these areas rather than happiness? (Be as specific as possible)

## Use these questions for further study individually or in a small group

## Go Deeper . . .





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